



**Lite Bites Menu**  
**Afternoons 2:30-5:00pm**

**Mushroom Onion Soup or Soup of the Day** Cup \$5 Bowl \$9

**House Salad\* \$9**

organic mixed greens, cucumber, pumpkin seeds, onion-poppypseed dressing *gf/V*

**Caesar Salad\* \$9**

romaine lettuce, parmesan cheese, croutons, house made dressing

**Melon Duo Salad \$15**

watermelon and cantaloupe with fresh mozzarella, served on a bed of arugula and garnished with crispy pancetta and a balsamic reduction

*\*Add or substitute - chicken \$6, salmon \$8, bacon \$3, chickpea patties \$4, cheese \$2 (cheddar, Swiss, feta, goat, smoked gouda, bleu)*

**Hummus Plate \$9**

roasted red pepper hummus, assorted vegetables, crostini *V*

**Margherita Flatbread\* \$18**

house made marinara, mozzarella, parmesan and pesto

**Thai Chicken Flatbread\* \$19**

chicken, shredded cabbage and carrots, Thai peanut sauce, cheddar cheese and sweet chili drizzle

**Fig & Pig Flatbread\* \$19**

figs, prosciutto, goat cheese, honey, fried rosemary

*\*Gluten free flatbread crust available upon request.*

**Fish & Chips \$19**

fried haddock, coleslaw, tartar sauce, house cut fries

**Seafood Crepe \$19**

house made crepes, orange zested seafood filling, bechamel, mixed greens

**Eggplant Roulade \$17**

marinara, mascarpone cheese, parmesan, basil pesto

*Warning: Consuming raw or undercooked meats or eggs may increase your risk of illness. Please inform your server of any allergy. We use peanut oil and other peanut products in our kitchen.*

*A 20% gratuity may be added to parties of 4 or more. Plating fee of \$5.00 for dishes split by two.*